



PIET SANSKRITI  
SENIOR SECONDARY SCHOOL  
NFL TOWNSHIP, PANIPAT

# Weekly Meal Plan

**JANUARY**

# *MENU*

## WEEK 3

*Monday*

19 Jan

**Gobhi Parantha**



*Tuesday*

20 Jan

**Sambar Rice**



*Wednesday*

21 Jan

**Dal + Roti**



*Thursday*

22 Jan

**Aalo Toast + Ketchup  
+ Kheer**



*Saturday*

24 Jan

**Chana Rice**



# MENU

## WEEK 4

*Tuesday*

27 Jan

**Vegetable Pulao + Curd**



*Wednesday*

28 Jan

**Poori Aalo**



*Thursday*

29 Jan

**Kulcha Chana +  
Gulabjamun**



*Friday*

30 Jan

**Mix Veg + Chapati**

