



PIET SANSKRITI
SENIOR SECONDARY SCHOOL
NFL TOWNSHIP, PANIPAT

Weekly Meal Plan

October





MENU

WEEK 1

Wednesday

01 Oct

Kadhi Rice



Friday

03 Oct

**Kulcha Chana +
Gulabjamun**



Saturday

04 Oct

Mix Veg + Chapati





MENU

WEEK 2

Monday

06 Oct

Aalo Parantha



Wednesday

08 Oct

Sambar Rice



Thursday

09 Oct

Dal + Parantha





MENU

WEEK 3

Monday

13 Oct

Vegetable Pulao + Curd



Tuesday

14 Oct

Dal Makhani + Chapati



Wednesday

15 Oct

Sambar Vada



Thursday

16 Oct

Aalo Toast + Ketchup



Friday

17 Oct

White Chana + Rice





MENU

WEEK 4

Friday

24 Oct

Poori Chana + Halwa



Saturday

25 Oct

Breadroll + Ketchup





MENU

WEEK 5

Monday

27 Oct

Fried Rice + Curd



Tuesday

28 Oct

Kulcha Chana +
Gulabjamun



Wednesday

29 Oct

Pav Bhaji



Thursday

30 Oct

Mix Veg + Chapati



Friday

31 Oct

Rajma + Rice

