



PIET SANSKRITI  
SENIOR SECONDARY SCHOOL  
NFL TOWNSHIP, PANIPAT

# Weekly Meal Plan

## September

# MENU

## WEEK 1

*Monday*

01 Sep

**Dal Makhani + Chapati**



*Tuesday*

02 Sep

**Breadroll + Ketchup+  
Gulabjamun**



*Wednesday*

03 Sep

**Sambar Vada**



*Thursday*

04 Sep

**Pav+ Bhaji**



*Friday*

05 Sep

**Aalo Matar + Chapati**



# MENU

## WEEK 2

*Monday*

08 Sep

**Kadhi Rice**



*Tuesday*

09 Sep

**Poori Chana + Halwa**



*Wednesday*

10 Sep

**Mix Vegetable+ Parantha**



*Thursday*

11 Sep

**Matar Paneer + Chapati**



*Friday*

12 Sep

**Vegetable Pulao**



# MENU

## WEEK 3

*Monday*

15 Sep

Aalo Poori



*Tuesday*

16 Sep

Sambar Rice



*Wednesday*

17 Sep

Dal + Parantha



*Thursday*

18 Sep

Aalo Toast + Ketchup  
+ Kheer



*Friday*

19 Sep

Aloo Parantha



*Saturday*

20 Sep

Chana Rice



# MENU

## WEEK 4

*Monday*

22 Sep

**Vegetable Pulao + Curd**



*Tuesday*

23 Sep

**White Chana + Rice**



*Wednesday*

24 Sep

**Kulcha Chana +  
Gulabjamun**



*Thursday*

25 Sep

**Mix Veg + Chapati**



*Friday*

26 Sep

**Sambar Vada**



# MENU

## WEEK 5

*Monday*

29 Sep

**Dal Makhani + Chapati**



*Tuesday*

30 Sep

**Breadroll + Ketchup+  
Gulabjamun**



03 Sep