



PIET SANSKRITI
SENIOR SECONDARY SCHOOL
NFL TOWNSHIP, PANIPAT

Weekly Meal Plan

M **A** **Y**

MENU WEEK 1

Thursday

01 May

Aalo Parantha + Curd



Friday

02 May

Mix Vegetable+ Parantha



Saturday

03 May

Kulcha Chana



MENU

WEEK 2

Monday

05 May
Sambar Idli



Tuesday

06 May
Chana Rice



Wednesday

07 May
Chana Khichadi + Curd



Thursday

08 May
Stuffed Parantha + Curd



Friday

09 May
Breadroll + Ketchup



MENU

WEEK 3

Monday

12 May

Poori Chana



Tuesday

13 May

Kadhi Rice



Wednesday

14 May

Mix Vegetable+ Parantha



Thursday

15 May

Vegetable Idli +Ketchup



Friday

16 May

Matar Paneer + Chapati



Saturday

17 May

Vermicelli



MENU

WEEK 4

Monday

19 May

Dal Makhani + Chapati



Tuesday

20 May

Aalo Toast+ Ketchup



Wednesday

21 May

Chana Khichadi + Curd



Thursday

22 May

Stuffed Parantha+ Curd



Friday

23 May

Aalo Matar + Chapati



Saturday

24 May

Break Pakora + Ketchup



MENU

WEEK 5

Monday

26 May

Aalo Poori Chana



Tuesday

27 May

Sambar Rice



Wednesday

28 May

Dal + Parantha



Friday

30 May

Rajma Rice



Saturday

31 May

Mix Veg + Chapati

