



PIET SANSKRITI
SENIOR SECONDARY SCHOOL
NFL TOWNSHIP, PANIPAT

Weekly Meal Plan

JANUARY

MENU

WEEK 3

Thursday

16 Jan

Aalo Poori



Friday

17 Jan

Mix Vegetable+ Parantha



Saturday

18 Jan

Kulcha Chana



MENU

WEEK 4

Monday

20 Jan
Sambar Idli



Tuesday

21 Jan
Chana Rice



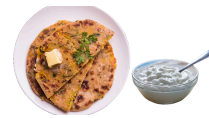
Wednesday

22 Jan
Chana Khichadi + Curd



Thursday

23 Jan
Stuffed Parantha + Curd



Friday

24 Jan
Upma + Ketchup



Saturday

25 Jan
Vegetable Pulao+ Curd



MENU

WEEK 5

Monday

27 Jan

Poori Chana



Tuesday

28 Jan

Kadhi Rice



Wednesday

29 Jan

Mix Vegetable+ Parantha



Thursday

30 Jan

Vegetable Idli +Ketchup



Friday

31 Jan

Matar Paneer + Chapati

