



PIET SANSKRITI
SENIOR SECONDARY SCHOOL
NFL TOWNSHIP, PANIPAT

Weekly Meal Plan

APRIL

2024





MENU

WEEK 1

WEDNESDAY	03 APR	ALOO POORI + HALWA
THURSDAY	04 APR	RAJMA RICE
FRIDAY	05 APR	VEGETABLE POHA + KETCHUP
SATURDAY	06 APR	ALOO PARANTHA + CURD





MENU

WEEK 2

MONDAY	08 APR	KADHI RICE
TUESDAY	09 APR	VERMICELLI + KETCHUP
WEDNESDAY	10 APR	POORI CHANA
THURSDAY	11 APR	VEGETABLE PULAO + CURD
FRIDAY	12 APR	DAL MAKHANI + CHAPATI





MENU

WEEK 3

MONDAY	15 APR	CHANA RICE
TUESDAY	16 APR	FRIED IDLI
WEDNESDAY	17 APR	ALOO PANEER + CHAPATI
THURSDAY	18 APR	BREAD PAKORA + KETCHUP
FRIDAY	19 APR	BESAN CHILLA





MENU

WEEK 4

MONDAY	22 APR	SAMBHAR RICE
TUESDAY	23 APR	KULCHA CHANA
WEDNESDAY	24 APR	UPMA
THURSDAY	25 APR	CHANA KHICHADI + CURD
FRIDAY	26 APR	MIX VEGETABLE + PARANTHA
SATURDAY	27 APR	ALOO TOAST + KETCHUP





MENU

WEEK 5

MONDAY

**29
APR**

VERMICELLI + KETCHUP

TUESDAY

**30
APR**

SAMBHAR IDLI





FRUIT CHART



APPLE



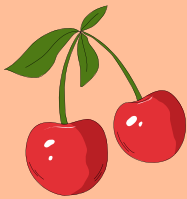
BANANA



GRAPES



MANGO



ORANGE



WATERMELON



MELON



GUAVA



PAPAYA



PEAR

