

Episode-15

The choices we make, make us.

Barraged with choices at every step, we are often faced with difficult decisions -----to pick seemingly dreary choices presently with a good outcome or to pick the easy way out and deal with the consequences later. The conscious choices we make each day shape and define our lives.

So, as intuitive human beings, how do you wish to guide your life choices?

Sit back, relax and listen to the latest episode and find the ultimate guide to making purposive choices.

Join my podcast elan vital Sumedha Kataria talks on Thursday evening

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