

Episode

DEATH

Death Means Not the End but Emancipation

Dread, fear of unknown and the mere thought of leaving it all behind and just ceasing to exist is a cruel one. All through our worldly lives, we perceive death as a merciless end. Striving through every day, going against all odds only to leave it any moment is truly baffling. But we need to understand that death is not the end but an emancipation in the court of Karma. Death implies the annihilation of our physical form but not of the true essence of our being, our soul. Our energies transmute when death befalls but our spiritual essence remains eternal.

Tune in to today's episode and change the way you perceive death so that we stop fearing it and accept it as a means to unite with the Universe.

Join my podcast elan vital Sumedha Kataria talks on Thursday evening

Website:

<https://sumedhakataria.in/podcast/episode-27/>

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Spotify:

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