

Episode-13

Are we Clutter conscious?

CLUTTER

What transpires when we overly associate feelings, memories with goods and hold them dear to us? We fill up emotional, mental and physical space in our mind and house with the unnecessary. Stuffing one's abode with materialistic possessions leads to turmoil and losing the sense of actual control and order in our lives.

Should abundance be allowed to go beyond physical form, creating chaotic energies?

Join my podcast elan vital Sumedha Kataria talks on Thursday evening

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