

## Episode-16

Are we into the blame games?

### Blame

To err is human, to forgive divine. We all make mistakes but then choose to declare someone or something else responsible for the wrong. So do others. And thus the vicious game of pointing fingers goes on.

What is wiser? To accept one's fault graciously or to hold anyone or anything but oneself accountable? Do we not delegate our power too by this act?

Join me in today's episode to learn how the termite of blame eats away our positive energy.

Join my podcast elan vital Sumedha Kataria talks on Thursday evening

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